



IT IS WRITTEN
INTERNATIONAL TELEVISION

The New Age Conspiracy

Program No. 1237

SPEAKER: JOHN BRADSHAW

Thanks for joining me today on It Is Written. Today we have a very special guest, bestselling author Will Baron, who is sharing not only his experience in the New Age movement, but also how the New Age movement is impacting and infiltrating Christianity today.

John Bradshaw: Will, thank you so much for joining me today.

Will Baron: Pleasure to be here.

JB: We have already talked about how you became entangled in the New Age movement, and then the Lord miraculously delivered you from that. Today, let's talk about what's going on within Christianity.

You speak as one who was commissioned at one stage to infiltrate Christian churches and bring New Age ideas, practices and disciplines into Christian churches. What are some of the things that have gone from the New Age movement into Christianity that people are familiar with today?

WB: There are primarily two New Age practices that are infiltrating Christianity. One of them is Eastern mystical meditation, also known as transcendental meditation, which is infiltrating in Christian circles under the name of Christian meditation.

The second would be the infiltration of yoga into Christian circles.

My personal spirit guide—a counterfeit Jesus Christ—told me to infiltrate Christian churches, to introduce this so-called Christian meditation into Christian churches.

In today's society, when people talk about the word "meditation," they invariably now think of Eastern meditation. This is a practice where a person sits quietly, either in a chair, or on the floor, in a cross-legged position, which is a yoga posture position.

People will close their eyes. They will tend to keep their spine erect. They will go through preliminary breathing exercises—deep breathing exercises. This is coming from the yoga breath control techniques.

They will endeavor to blank out their mind of all thoughts and ideas and have their mind then open, supposedly, to the impression of God or the Holy Spirit. What I described is totally from the Eastern pagan religions of Hinduism and Buddhism. It has no description, whatsoever, in the Bible.

JB: What is so wrong about sitting in a certain position? What is so wrong about clearing one's mind? So the Buddhists do it, so the yoga practitioners do it. Does that make it wrong, Will?

WB: It does. Absolutely. The danger is that these are occult practices designed to enhance communication with spirit beings and people who are involved in pagan religions such as Buddhism and Hinduism.

They are communicating with spirits, but these are not the true spirit of God. These are not God's angels that they are communicating with. Invariably, they are demonic spirits masquerading as angels of light. This practice is absolutely dangerous. It is so dangerous that I have a passion to warn people not to be involved in this kind of practice.

JB: A person might be saying, "We do this in church and we are calling out to Jesus—what's so dangerous?"

Where can it lead?

WB: Since my book *Deceived by the New Age* was published in 1990, which is 22 years ago, I have done quite a lot of counseling of Christians who have started to practice yoga and have started to practice this Eastern meditation.

They had teachers telling them that this was Christian meditation, but the results of their practice have been very negative and even demonic, and they have approached me for counsel because it has opened the door to demonic harassment—to the influence of demonic spirits.

I maintain from personal experience that this type of practice is absolutely dangerous and it has no part in the Bible at all.

It is not described in the Bible. The meditation that is described in the Bible is simply the reading of God's Word, the study of God's Word, and the normal intellectual process of thinking about what you have read and applying it to your life.

Meditation in the Bible has nothing at all to do with deep breathing techniques and sitting quietly in yoga lotus position. Those are all from pagan religions.

JB: So what you're saying is, used in a pagan context, these practices are simply the doorway to communicating with evil spirits. Brought into the Christian context, it's still the same doorway.

WB: It's an evil doorway and it is downright dangerous.

JB: So you can't Christianize it by bringing it into Christianity.

WB: If you study the Old Testament, the Israelites were constantly trying to adopt pagan religious customs and God was constantly sending prophets to tell the Israelites not to practice pagan customs because they are dangerous.

JB: You know, yoga is really common in Christianity nowadays—shockingly common. It's nothing these days for churches to be offering what they call Christian yoga. I'm going to read a definition of yoga:

“Yoga is a physical, mental and spiritual discipline originating in ancient India. The goal of yoga or of the person practicing yoga is the attainment of a state of perfect spiritual insight and tranquility while meditating on the Hindu concept of divinity or Brahman.”

That last word is the one associated with meditative practices in Hinduism, Jainism and Buddhism.

Can something like that really be brought into a church now? Now this is the pathway to Satan—the pathway we are now using as the pathway to Jesus? It doesn't look like that would be possible, does it?

WB: The very word “yoga” comes from Sanskrit and it is connected with the English word, “yoke.” Jesus told us that we should be yoked to Him, because His burden is light and His yoke is easy. True Christian yoga is to be yoked to Jesus.

The yoga of the Hindu religion is a system of spiritual practice where the goal is to yoke you to the gods of Hinduism. There are hundreds of pagan deities in Hinduism and the goal of yoga is to yoke or connect you or to bring about a state of union.

The word “yoga” means “union”—union with the gods of Hinduism. The whole goal of salvation is to deliver us from the satanic pagan evil forces that are out there.

JB: Absolutely. I'll be back with Will Baron in just a moment.

I'm glad you joined me today on It is Written. I'm John Bradshaw. My special guest here today is bestselling author Will Baron, whose book *Deceived by the New Age* has been very successful in exposing what are essentially lies of the enemy of souls—lies that have crept into Christianity and are being accepted by many people today as truth.

Will, just a moment ago, we were speaking about yoga. Let's carry on with that, because this is something that Christian churches are embracing and offering to their members and the community. I'm going to read another definition, if you don't mind.

“Kundalini yoga is a physical, mental and spiritual discipline for developing strength, awareness, character and consciousness.”

So far, that sounds innocuous enough...

“Practitioners call it the yoga of awareness because it focuses primarily on practices that expand sensory awareness and intuition in order to raise individual consciousness and merge it with the infinite consciousness of god Brahman.”

There’s nothing subtle about that. Christians are grabbing hold of this?

WB: Some are. The most advanced type of yoga would be Kundalini yoga. Within Hinduism, the very word “Kundalini” is a reference to the uncoiling of the serpent power. So no, we are not just talking about physical exercises.

Within Hindu yoga, there’s language saying that there’s a serpent power inside of you, and there is a serpent power that the god consciousness can inspire within you, and that this power can bring you yogic powers or mystical powers and give you mystical consciousness experiences.

Now John, let me ask you: Where do you think this serpent power comes from? This is part of mainstream Hinduism.

JB: There’s nothing subtle about that idea of the serpent. As Christians, we go back to the Garden of Eden and recognize that this was the tool of Satan to bring sin and misery and death into the world.

When we think about this, how is it possible that we can Christianize it? How can we baptize this and take something that is essentially from the realm of myth? It has nothing to do with the reality of Christianity.

It’s mythical inasmuch as some of these things that are talked about have no basis in biblical fact, but are real in the sense that there is an enemy who is an expert of deception.

WB: The tragedy is that most Christians who get involved with yoga will start out with Hatha yoga, the physical exercises, the breathing postures, the stretching exercises, and this is promoted by New Agers as a means of attaining better health.

JB: Is it true? Are there benefits? I mean, it seems to me that it would be good for us to stretch and so forth, that sort of exercise.

WB: There probably is a benefit of exercise value with that type of yoga. However...

JB: Yeah, yeah, yeah, but I gotta ask you this. I think this is the “however.” Someone is watching this right now. They say, “I pastor the church,” or “I’m the women’s

ministry leader,” or something like that, “and we do yoga and we just get the ladies or the men to stretch. We’re finding that people are being helped.”

WB: The danger is that this type of yoga invariably leads to transcendental-type meditation, and it is the practice of this transcendental meditation that opens people up to demonic influence.

This is a Hindu-mystical occult practice and I suggest that people keep away from it. There are many other exercises you can practice without getting involved in what is essentially a Hindu spiritual practice.

JB: I’ve read some interesting articles about yoga recently. One of them said that not every yoga teacher is qualified to teach yoga, and we’re talking the stretching aspects. You can hurt yourself doing that. And this was an article on a mainstream website saying, “Please be careful. It’s not everything you think.”

But the photograph showed only the ending, where they were sitting in the lotus position with their hands held just so. There was more to it than just stretching.

WB: This is a spiritual exercise. A very dangerous spiritual exercise.

JB: Yes. So for Christians who believe we can do this just for the physical benefits, you are saying you cannot possibly disentangle the spiritual danger from any physical benefit.

WB: That is correct. There are other ways of having spiritual exercises. There are other methods of stretching. There are other methods of dynamically exercising. My suggestion, my recommendation, my plea: keep away from yoga.

JB: And you’ve written the book *Deceived by the New Age*. You know what you’re talking about.

WB: Yes.

JB: I respect and appreciate that very much. Let’s move to another subject here. The Wicca religion, if we can call it that. Very fast-growing.

It’s growing in number of adherents and in acceptance in society today. There’s a British author who has written a number of books dealing with a young fellow by the name of Harry Potter.

Now, a lot of people have spoken about Harry Potter. This isn’t new. The Harry Potter books are all over now, but they are still everywhere. Many parents, even Christian parents, were saying, “At least my kid is reading. At least my child is enjoying literature now.”

Can these books be innocuous and harmless when in the hands in Christians?

WB: I would say my major plunge into New Age spirituality occurred through reading fiction occult books.

JB: Can they be harmless or are they always harmful?

WB: I believe they are always harmful.

JB: As it says on the cover of your book, you became a New Age priest. You were card-carrying, fully paid up, totally immersed, giving your life to this New Age movement. You began through books and movies.

WB: Yes. Occult books and occult movies. Yes.

JB: There's somebody saying, "You're saying that my kid is going to turn into a devil because he is reading Harry Potter books?"

I don't think we're saying that every child is going to slide all the way to hell because he or she looked at a book, so explain to me why these books are so harmful and why we cannot just pass them off as harmless fiction.

WB: Because the books are really not fully fiction. They are called fiction books, but they are based on genuine occult information, occult experience, occult teachings, and occult spiritual practice.

What happened to me when I started to look at occult movies and started to read occult books—and in my heart I had a sense that this isn't just fiction—there is something real about the message in these books and it was my striving, my goal, to find the real power. Although I started out reading fiction books, I migrated over into reading non-fiction occult books, because I was looking for that kind of power.

Kids will read Harry Potter books and relate to Harry Potter, to his challenges—he had to make sense out of his life, find meaning in his life, have purpose in his life and have power over his life.

And they will want that same power, that same meaning. Invariably, having being subjected to the fiction aspect, they will then start going to bookstores and looking for the real books on Wicca or the witchcraft religion.

JB: And I could boil it down and make it this simple. You read about Superman and you say, "Wouldn't it be great to be able to fly? Wouldn't it be cool to be able to be as strong as Superman?"

But we are not going to be able to fly and we are never going to bend steel bars in our hands. But a child will read Harry Potter and say, "Wouldn't it be cool to be able to do some of that stuff?"

The fact of the matter is, a kid *could* do some of that stuff.

WB: He could. Yes, through occult practices, you do have the power to do some of what is done in the Harry Potter books.

JB: Will, it's explosive stuff and it is very powerful and it's very real.

Your book, *Deceived by the New Age*, wasn't written yesterday. It's been out for 20 years now. What is so interesting about this book, a bestselling book, is that its warnings sounded 20 years ago are more relevant today than they were two decades ago.

You blew the whistle on the New Age movement two decades ago, but it's present in Christianity more strongly now than it has ever been. Are you surprised by that?

WB: Not at all. Because all this has been prophesied in the Bible. The Bible does prophesy that there will be apostasy in the last days. It prophesies that Satan will be at work with greater power, with greater deceptiveness, and we are now seeing it infiltrate more strongly in the Christian church than ever before.

And in our regular secular world, New Age is no longer weird; it is no longer offbeat. It is now becoming a mainstream part of American culture and culture throughout the world.

JB: Where do we see it in American culture? Give me an example of where you would say, "Here, and here and here, this is where we see New Age phenomena accepted."

WB: For example, a lot of people are aware that physical fitness leads to good health.

JB: Sure.

WB: But if you look at the advertisements for these different fitness centers, they all promote yoga and they all promote meditation as a form of relaxation.

Within health professions, you have a lot of alternative health care practitioners at work within mainstream medical practices who are now using mystical power and mystical energies as a means of endeavoring to produce healing, so you find it in the health professions.

And a lot of psychologists now are adopting New Age philosophies as part of their psychology discipline.

JB: I was very surprised when I recently spoke with someone close to me who was very ill—and described this sort of treatment, and it was mystical, saying, "She ran her hand up my back and she said she could find the energy centers and tell me whether the energy is up or down..."

This doesn't have any basis in science. It's not scientific. You can't prove this stuff. It's clearly mystical and it came directly from the New Age.

WB: Yes. It's part of the mainstreaming of the New Age spirituality movement.

JB: What you've already told me too is that the New Age movement has been on a mission to mainstream itself.

WB: Absolutely.

JB: It's been very successful, hasn't it?

WB: Yes.

JB: Why are people buying it? The person who told me, this is a rational thinker—a clear-thinking, scientific thinker. Now also is very sick. Why are people falling for this?

WB: Because satanic power is real. These healers, through the agency of Satan's demons, do have certain powers. We know from the book of Revelation that there will be signs, miracles and wonders manifested by Satan and his demons.

So when people go to a New Age practitioner who may not be practicing under the term "New Age," and they are just practicing what they call "alternative therapies" or "natural therapies," they might be using demonic power and this power can be felt. There can be sensations.

There can be feelings of warmth or feelings of relaxation. The demonic spirits are able to beam that kind of power upon people and it looks like it works in the short term, but I know from personal experience: the longer that I was involved in the New Age, the sicker I became.

JB: Many Christians have a desire to get closer to God, to know God better, to enrich their spiritual life.

I've heard some talk about something called "contemplative prayer." Can you unpack that for me? What is contemplative prayer? What is involved in that, and are there dangers in contemplative prayer?

WB: Well, I think it is good that Christians want to get close to God, know God, experience God, and have intimacy with God. This is wonderful.

The danger is that the contemplative prayer movement has adopted Eastern mysticism techniques as a means of trying to get closer to God, and these are very dangerous. I don't believe for one moment that it is God's will that you use pagan Hindu mystical meditation techniques as a means of getting closer to the God of the Bible.

JB: Speaking of the God of the Bible, Will, are there any biblical principles or a couple of Bible verses that you would recommend as being guiding principles to help people steer clear of the New Age corruptions and stay close to Jesus in this troubled world?

WB: What comes to my mind is the way Jesus lived, and the spirituality that Jesus had. In all the dialogue that Jesus had with the Pharisees and the Sadducees and the priests, He constantly referred to the Scriptures, constantly. He would say, “It is written...” If we want to know God, we can know God through the Scriptures.

JB: If we stand on the Word of God, we are always going to be okay, aren’t we?

WB: Absolutely, yes.

JB: You wrote this marvelous book *Deceived by the New Age*. I am very thankful for it. I am thankful that it has helped many people find their way out of the New Age—out of what today we call the “new spirituality.”

I am thankful for what God has done in your life and I am very thankful that you have been here today to share with people watching It Is Written. It’s wonderful what God has done for you. Thank you very much.

WB: Thank you.

JB: Today we’ve been taking about a very important topic—something that affects many people. Something that is confronting Christianity today. Will, thanks for joining us.

Before we go, there are many people who are wanting and needing us to pray for them right now, and ask for God’s special power so they can be delivered from the New Age, or that family members might be delivered, as you were, by the grace of God. Let’s pray together.

PRAYER

Our Father in Heaven, we thank you for that great promise in the Bible. It says, “Greater is he that is in you, than he that is in the world.” I pray that you would guide us on a clear path, a safe path, on the narrow path that avoids the pitfalls and the potholes of this new spirituality—the New Age movement.

Certainly there are things that you can bring into our lives to deepen our relationship with you. I pray that you will keep us from the bad, and keep us from the dangerous.

I know that right now, there are people saying “Lord, free me,” and there are people who are crying out, “Lord, free my son or my daughter, free my brother or my sister, and let your power work in those lives.”

We thank you that we can be sure in you. Keep us, please. Preserve us until the coming of Jesus. We ask you in Jesus' name, Amen.

To order a DVD copy of this program, please call 1-888-664-5573 or the number below.



IT IS WRITTEN
INTERNATIONAL TELEVISION

It Is Written · Box O · Thousand Oaks, CA 91359 USA
Tel: (805) 433-0210 · Fax: (805) 433-0218
www.itiswritten.com